



## General Psychology 101 Spring 2022

Instructor: Miss Whidden

Classroom: 415

Office: 414

Cell: 509-386-2011 (No calls or texts past 9 pm please)

### **Brief Description of Course**

Welcome to college! This class is “the study of the basic principles, problems and methods that underlie the science of psychology, including diversity, human development, biological bases of behavior, learning, sensation and perception, cognition, personality, and psychopathology.” (CWU course catalog)

### **Learner Outcomes:**

Upon successful completion of this course, the student will be able to:

- Identify and interpret basic psychological theory and principles that underlie human behavior and interaction (individual, group, cultural, and societal) with regard to biology, cognition, and emotion.
- Identify, explain, and apply the different empirical methods used in the subfields of Psychology (research study design, data collection methods, and data analysis).
- Compare and contrast human behavior, perspectives, and culture through exploration of the human cognitive thought processes.
- Explain ways in which humans perceive, experience, and interact with the natural and human-made environments
- Describe and evaluate diversity and similarities with regard to behavior and the thought process in the areas of culture, social, gender, age, and ethnicity.
- Describe and evaluate the biological bases of behavior and the role of biology in fostering a better understanding of the human condition
- Describe and evaluate the role of human development in the contribution of behavioral differences.

- Describe and evaluate abnormal behavior and role in which behavior plays a role in understanding differences among humans and how to foster greater respect, understanding of our differences and compassion for the human condition.

## **Attendance and Participation:**

There is no chance of success, as a class or as individuals, if students choose to not take attendance and class participation seriously. If you are not in class, or if you arrive late, you will miss vital opportunities to learn, share your opinion and hear others. Bottom line: **Your presence is necessary!**

Here's what happens if you fail to make attendance and punctuality a priority: you lose the two points you may earn each day just for showing up. If you are late, you lose one of those points. Excused tardies and absences are, of course, the exception to this rule. In addition to lost points, there is the added headache of finding out what you missed – information for which **you will be held responsible** – and making up the work.

**Please be aware that you are expected to be seated quietly, in uniform, with your phone stowed at the time of the bell to start class. Failure to comply with this request will result in a tardy.**

**Note: a tardy becomes an absence after 15 minutes.**

## **Grades:**

90 – 100% - A

80 – 89% - B

70 – 79% - C

60 – 69% - D

Below 60% - F

**Note: Look for grade updates on RenWeb.**

**In-Class Expectations:** There are some things that you should know about how class works. First, in terms of classroom behavior there is but one word

you need to keep in mind: **RESPECT**. If we can agree on a working definition of respect, what it means in our class, there should be no need for me to correct you. If you need to be reminded, I'm happy to do that. I have a few ideas about respect, regarding hats, jewelry, hand-raising, and a few other, deeper issues. We will talk as a class and add to these if we need to. **Cell Phones: Part of being respectful is doing your part to minimize distractions. Cell phones are not to be seen or heard in class.**

**Required Textbook:** Lecture text: *Exploring Psychology, 10<sup>th</sup> Ed.* David Myers. ISBN: 1429238267

Lab Text: *Man's Search for Meaning*, Viktor E. Frankl

**A Word About iPads:** iPads will be used in class. You should have them every day, charged and ready to go. Sometimes, however, it will be necessary for them to disappear. When that is the case, they must be put away - not on the top of your desk, or in your lap, but put away.

**Daily Expectations:** Arrive to class each day prepared to listen, discuss, and learn.

Take notes on all lecture material, and expect to be tested over any new material presented.

Leave your cell phone in your locker or school bag. I will ask you to leave class if you misuse your phone.

**Assignments:** All reading and written assignments will be posted on Google Classroom (class code: p5bklki). Please make sure you have notifications turned on for this class, and keep a close eye on the course content. Assignments will include reading from the text, practice tests, and written responses to material we cover in class and from reading in the text. Please be diligent about turning work in by the due date. **NO LATE WORK WILL BE ACCEPTED!**

**Exams:** There will be 4 unit exams during the course of the quarter. Dates for these will be posted on Google Classroom. Each unit exam will cover material for 2-3 chapters of the text.

**In addition, there will be a final exam during test week, June 2-4.**

**Labs:** Each Friday that we meet during the quarter, you will participate in labs. Labs will consist of discussion and quizzes over the material from Viktor Frankl's book, *Man's Search for Meaning*. The week's reading assignment for lab will be

posted each Monday. Your task is to come to class prepared to take a quiz and answer discussion questions over the week's reading. Participation will be graded.

### **Academic Integrity Policy:**

Cheating will not be tolerated under any circumstances. Examples of cheating include: sharing assignment answers, copying test answers, plagiarism, using unauthorized materials on quizzes and tests, any form of distribution of test or quiz information on unadministered tests, bribing any other person for information on test questions, any unauthorized collaboration between students in work offered for credit, and dishonesty in any communication with the instructor.

Cheating will result in a zero on the test or assignment for the first offense. A second offense will result in an F for the course and referral to ad council for further consequences. Let me advise you not to test me on this.

**The Final Word:** Please, please, please ask questions if you are uncertain about something. This means asking in class, or if you're too shy, staying after class to ask privately or catching me when others are working on something else. It's terribly important to stay on top of things, which is difficult to do if the fog thickens. I promise not to bite your head off, at least not the first time, if you ask me a question.